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Education

Degree	Institute	Year
Ph.D. Life Science and Human Technology	Nara Women's University	2002
M.Sc. Industrial Hygiene and Safety	Mahidol University	1991
B.Sc. Nurse and Midwifery	Mahidol University	1987

Interesting Research Topics

- Industrial Hygiene and Safety
- Health promotion

Latest five-years Publication

- Terasawa K, Jarupat Maruo S, Piasue N, Kalampakorn S, Utthiya P, Sasimonthonkul S, et al. The effectiveness of a health promotion program using the International Organization for standardization in Klongyong and Nihompattana, Thailand. *Asian J Pharm Clin Res* 2020; 13(3):
- Fujimori S, Jarupat Maruo S, Watanabe T, Taki N, Sasamori F, Kobayashi K, et al. Effectiveness of a Japanese-style health program in Minowa Town, Matsumoto city and Nagano city, Japan. *Int J Hum Rights Health c* 2020; 13(4):347-63.
- Piaseu N, Boonsiri C, Panichkul K, Jarupat Maruo S, Putwatana P, Kantachuvesiri S. Effects of program promoting food consumption for sodium reduction on knowledge, sodium consumption behaviors, and urinary sodium in nursing students: a multi-setting study. *BKK Med J* 2020; 16(1):44-49.
- Wakimoto K, Dakeshita T, Wakimoto J, Watanabe T, Terasawa S, Okura M, Murata Y, Taki N, Uchiyama R, Ashida K, Jarupat Maruo S, Terasawa K. Effects of triple-treatment trunk stretching on physical fitness and curvature of the spine. *Heliyon* 2018; 4(12):e00985.
- Nakade K, Fujimori S, Watanabe T, Murata Y, Terasawa S, Jarupat Maruo S, et al. A case study of health education from Nagano Prefecture in Japan: the relationship between health education and medical expenses. *J Community Med Health Educ* 2017; 7(3):1-6. doi: 10.4172/2161-0711.1000529.